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# Welcome guide exchange students

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## Dear International Students,

We are pleased to welcome you to the Faculty of Arts and Humanities !

International and intercultural education are among our priorities : each year more than 120 exchange students are welcomed and more than 100 FLSH's students study abroad ; we have 130 partner universities and 14 nationalities in our teaching team.

During your stay you will have the possibility to learn new topics in the main areas we work in (literature, culture and communication / history and politics / languages and international affairs / psychology). You will also discover new teaching and educational methods.

At the crossroads of Paris, London and Brussels, Lille is a major metropolis of the Euroregion : take the opportunity to discover the city, French culture and gastronomy and travel around Europe !

We are here to guide and support you during your time with us.

FLSH International Relations Team



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*The warmth of the faculty, the diversity of the student body, and the richness of academic offerings have all contributed to an experience that exceeds my wildest expectations. Beyond the classroom, Lille has become my home away from home, with its charming streets, vibrant culture, and welcoming atmosphere.*

**Tako**, from Caucasus University, Georgia

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# PRACTICAL INFORMATION

## HOW TO COME TO LILLE ?



By plane

### Lille Lesquin Airport

A direct coach connects to central Lille (stops outside the main railway station) in 20 minutes, and runs once an hour.

<https://www.lille.aeroport.fr/mobile/navette.php>

### Brussels Zaventem Airport

Trains regularly link the Airport to Brussels Midi Station. From there, you can take another train to Lille.

<https://www.brusselsairport.be/en/passengers/access-parking/train>

<https://www.sncf-connect.com/>

### Brussels South Charleroi Airport

Located some 120 km (75 miles) from Lille, BSCA offers a wide range of European destinations through low-costs companies.

Flibco offers a regular service from the airport to Lille (1h40). <https://www.flibco.com/fr>

### Paris Charles de Gaulle Airport

Trains regularly link Lille-Europe and Paris Charles de Gaulle Airport (1 hour and 15 minutes).

<https://www.sncf-connect.com/>



By train

There are two train stations in Lille. If you travel by train, you will arrive in one of these two train stations. They are within walking distance from each other (400 meters).

If you want to buy a train ticket : <https://www.sncf-connect.com/>



- Gare Lille Flandres
- 1 place de la Gare, 59000 Lille



- Gare Lille Europe
- 1 place François Mitterand, 59000 Lille



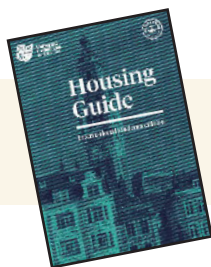
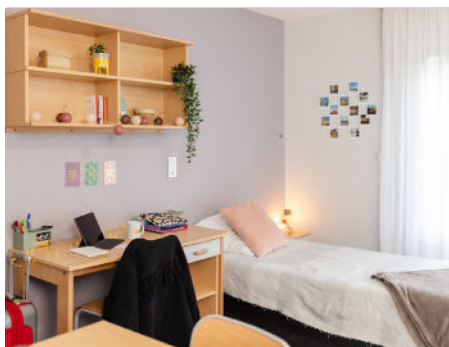
## ACCOMMODATION

It may be very difficult to find housing upon arrival in Lille, so we kindly ask students to make sure that they have housing before arrival in France. Students should start looking into accommodation options while applying and proceed with booking as soon as they receive their acceptance letter.

### 2 options :

To stay in a university dorm  
<https://www.all-lacatho.fr/en/>

to find housing by yourself  
<https://livin-france.com/lesfacultes.univ-catholille/register>



You will find here the housing guide  
of Les Facultés de l'Université Catholique de Lille  
<https://www.univ-catholille.fr/en/international-student-support/housing-and-dorms/>

## VISA INFORMATION

### BEFORE YOUR ARRIVAL IN FRANCE :

#### • **Visa exemption for students from the following countries :**

• Andorra, Austria, Belgium, Cyprus, Czech Republic, Denmark, Estonia, France, Greece, Germany, Hungary, Ireland, Island, Italy, Latvia, Liechtenstein, Lithuania, Luxembourg, Malta, Monaco, Norway, Poland, Spain, Sweden, The Netherlands, Portugal, San Marino and the Vatican, Slovakia, Switzerland.

#### • **Students from the following countries MUST comply with the visa procedure :**

• Algeria, Argentina, Azerbaijan, Bahrain, Benin, Bolivia, Brazil, Burkina Faso, Burundi, Cambodia, Cameroon, Canada, Chad, Chile, China, Colombia, Comoros, Democratic Republic of Congo, Djibouti, Dominican Republic, Ecuador, Egypt, Gabon, Georgia, Ghana, Guinea, Haiti, India, Indonesia, Iran, Israel, Ivory Coast, Japan, Jordan, Kenya, Kuwait, Laos, Lebanon, Madagascar, Malaysia, Mali, Mauritania, Mauritius, Mexico, Morocco, Nepal, Niger, Nigeria, Peru, Qatar, Russia, Saudi Arabia, Senegal, Singapore, South Africa, South Korea, Taiwan, Thailand, Togo, Tunisia, Turkey, Ukraine, United Arab Emirates, United Kingdom, United States and Vietnam.



• More information : please contact Campus France in your home country  
• <https://www.campusfrance.org/en/student-visa-for-france-login-to-france-visas>

• **For students from any other nationalities :** Please check with your nearest French Consulate. You will be explained the process and the list of required documents to get a visa.

• Please check :

• Ambassades et consulats français à l'étranger: this website was created by our Ministry of Foreign Affairs and gives the contacts of French embassies and consulates abroad.

• <https://www.diplomatie.gouv.fr/fr/le-ministere-et-son-reseau/organisation-et-annuaires/ambassades-et-consulats-francais-a-l-etranger/>





The official website for visa application to France : [https://france-visas.gouv.fr/en\\_US/web/france-visas](https://france-visas.gouv.fr/en_US/web/france-visas)

**Please note :**

A tourist visa is not sufficient: students will face being expelled from France after 3 months and any diplomas or credits obtained will not be recognised.

Students coming without a student visa will not be accepted.

## UPON YOUR ARRIVAL IN FRANCE :

For students with visa **CESEDA R.311-3 6° (VLS-TS - Visa Long Séjour Valant Titre de Séjour)** :

Upon your arrival in France, you must validate your VLS-TS long stag visa on line on this link : <https://administration-etrangers-en-france.interieur.gouv.fr/particuliers/#/>

**Please note :**

You must validate your visa within 3 months of arriving in France at the very latest.



## FRENCH HEALTH INSURANCE AND HEALTH SERVICES



In France, even for a basic visit to your general practitioner, you will first have to pay a 26€50 fee before being reimbursed.

### ● FOR EUROPEAN UNION STUDENTS

If you are coming from the EU, you should ask for the **European Health Insurance Card** in your country, before your departure.

To be reimbursed from health care expenses in France, keep your treatment forms and contact your home country health system.

### ● FOR NON-EUROPEAN UNION STUDENTS

#### BEFORE YOUR ARRIVAL IN FRANCE :

Get a certified copy of your birth certificate translated by a sworn translator with an official apostil if it is not written in a [European Union language](#).

#### UPON YOUR ARRIVAL IN FRANCE :

During the Welcome Session we will explain how to register with French Social Security «Sécurité sociale».

Even if students come to France with their own health insurance, **the French Government requires non-European Union students (EU) spending more than 3 months in France to register with the French health insurance, called "Sécurité Sociale". It's free of charge.**

Only after your registration is complete you will be able to receive the reimbursements of your health care expenses.



**Sécurité Sociale refunds about 70 % of medical costs. Sécurité Sociale doesn't cover you if you travel outside of France, in case of repatriation or for civil liability.**

Students have the option of getting complementary student insurance to obtain better refunds. **It is highly recommended that students take a complementary health and travel insurance for the duration of their stay in France.**

..... There are 2 main insurance companies in France : .....

SMENO  
see the section "Mutuelles"  
<https://www.smeno.com/mutuelles/>

LMDE  
see the section "Mutuelle complémentaire"  
<https://www.lmde.fr/>

# PRACTICAL INFORMATION



All Santé - The CPSU



• **The CPSU, a university health centre** is at your disposal at 47 bis rue du Port for all consultations  
• of general medicine, psychological and social support as well as for the update of vaccinations.  
• <https://www.all-lacatho.fr/en/content/22-health>  
•

## OTHER SERVICES OF « ALL »



[Learn more](#)

LIFE COSTS

Expenses per month

|                                                  |                    |
|--------------------------------------------------|--------------------|
| Transport (bus/metro)                            | 31€/month          |
| Food (university restaurant)                     | 57.75€/month       |
| Food (outside university restaurant)             | Average 240€/month |
| Phone                                            | Average 20€/month  |
| Insurance                                        | Average 65€/month  |
| Personal expenses                                | Average 100€/month |
| Rent in university dorm (+ charges and services) | Average 500€/month |

Total : Average cost 1000€/month\*

*\*Even if some embassies indicate a monthly amount of 650€, we believe that it is more comfortable to have a budget of about 1 000€.*

TRANSPORTS IN LILLE

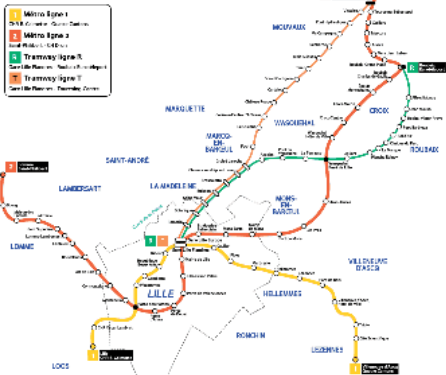
You can benefit from student rates up to the age of 25 years on all transport (metro/bus/tramway/train) with a youth pass:  
<https://www.ilevia.fr/boutique/4-25-ans>



Transport

You can also rent a city bike (V'Lille)  
<https://www.ilevia.fr/v-lille>

Lille  
Métro et tramway

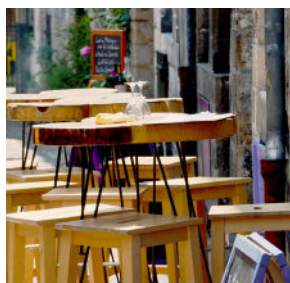
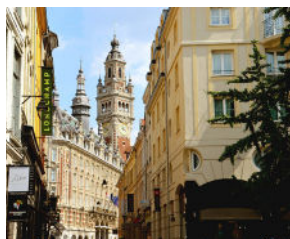
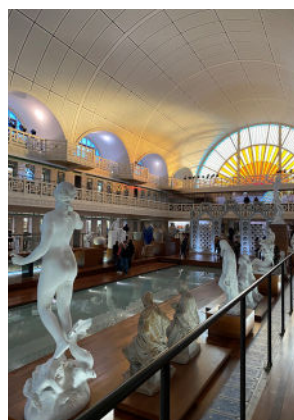
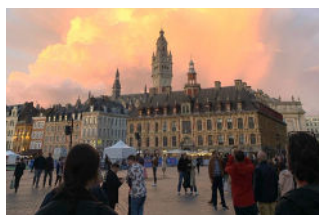
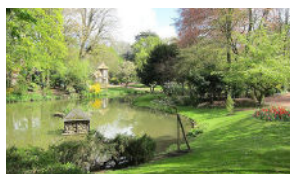


## LIFE IN LILLE

At the heart of Europe, Lille is particularly fortunate in its geographical location.

With high-speed trains, easy access to the Channel Tunnel and a whole network of motorways passing through the city, Lille is less than an hour from Paris and Brussels and less than two hours from London and Amsterdam. Today Lille is a dynamic, innovative city with about 1.5 million inhabitants, proud of its industrial, cultural and business heritage. It is an important financial centre with numerous international companies, but also attracts thousands of tourists every year.

Lille was European Cultural Capital in 2004 and is a city overflowing with life. As the third largest student city in France, the many universities, colleges and training institutes give Lille its young, dynamic population. The presence of so many students means that Lille is the place to be for partying, cultural events, sport and eating out.



## LIVINFRANCE : INTERNATIONAL STUDENTS SERVICES



Université Catholique de Lille have implemented a free platform in order to help you settle in France for your studies.

Register : <https://livin-france.com/lesfacultes.univ-catholille/login>

On this platform, you will be able to :

- Find housing
- Open a bank account
- Complete administrative procedures (visa, registration, etc)



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*My favorite thing is that there is always something to do and something going on in the city : never really boring. I live in a shared flat, I sometimes go out with my house mates. I feel like it's very social compared to what I'm used to. I go to school, I go back home and I go out again. A very lively period. Compared to Paris or any big city, I feel like Lille is very cozy and very easy to live in.*

**Galina**, from Vilnius Tech University (Lithuania)

”







# THE FACULTY OF ARTS AND HUMANITIES

## PRESENTATION

Whether you are interested in culture, communication, the media, languages, international business, international relations, teaching or psychology, the Faculty of Arts and Humanities can help you reach your professional goal. In addition to providing inspirational teaching and springboards into the profession of your choice, the Faculty of Arts and Humanities also enables you to gain valuable international experience which makes you even more attractive on the job market.



**2 650**  
students



**1** preparatory classes  
**10** bachelor's degrees  
**20** masters  
**4** professional diploma



**4** subject areas  
Literature, Culture and Communication  
Languages and International Affairs  
Psychology

## COURSE CATALOGUE

*You will find the updated version of our courses catalogue on our website  
<https://www.flsh-lille.com/exchange-information/>*

Before your arrival you will receive by email the catalog of courses, with specific details of those available to international students.

French class for international students is mandatory for students for whom FLSH is the main Faculty.

## ACADEMIC CALENDAR

*The academic calendar is available on our website  
[section exchange information](#)*

## INSTITUTIONAL GRADING SYSTEM

*The institutional grading system is available on our website  
[section exchange information](#)*



# CONTACTS



## FOR ADMINISTRATIVE ISSUES

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## FOR SPANISH-SPEAKING COUNTRIES

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## FOR ITALY, SWEDEN AND NORWAY

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## FOR GERMAN-SPEAKING COUNTRIES, BELGIUM, CROATIA & LITHUANIA

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## FOR ALL OTHERS COUNTRIES

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